

Confidential Health Intake Form

Name _____ Date of Birth _____

Street Address _____ City _____ State _____ Zip _____

E-mail _____ Work Phone _____ Home Phone _____

Cell phone _____ Occupation: _____

Emergency Contact/Phone Number _____

Referred by: _____ Have you ever received a massage? _____

Medical History and Information

Reason for your visit:

Please state any recent or past injuries or medical treatments:

Are you currently under the care of a health professional? Yes: _____ No: _____

Have you ever had hives/skin rashes/dermatitis? Yes: _____ No: _____

If yes please explain: _____

Check any or all that apply to your present health:

- | | | |
|--|---|--|
| <input type="checkbox"/> headaches | <input type="checkbox"/> chronic pain | <input type="checkbox"/> varicose veins |
| <input type="checkbox"/> vision problems | <input type="checkbox"/> muscle or joint pain | <input type="checkbox"/> blood clots |
| <input type="checkbox"/> sinus problems | <input type="checkbox"/> numbness/tingling | <input type="checkbox"/> high/low blood pressure |
| <input type="checkbox"/> jaw pain/teeth grinding | <input type="checkbox"/> sprains/strains | <input type="checkbox"/> diabetes |
| <input type="checkbox"/> fatigue | <input type="checkbox"/> scoliosis | <input type="checkbox"/> cancer/tumors |
| <input type="checkbox"/> depression | <input type="checkbox"/> arthritis | <input type="checkbox"/> infectious disease |
| <input type="checkbox"/> sleep difficulties | <input type="checkbox"/> tendonitis | <input type="checkbox"/> skin problems |

Women only: Pregnant(MUST be over 14 weeks) Painful menstruation endometriosis

List all current medications/herbs/vitamins and dosage: _____

What other treatments are you receiving and by whom (acupuncture, physical therapy, chiropractic, naturopathic): _____

I am responsible for all charges for all services provided. I understand the benefits and risks of massage and give my consent for massage. I will consult my practitioner with any questions or concerns immediately. I have stated all medical conditions that I am aware of and will keep my practitioner informed of any changes.

I agree to provide **24 hour** cancellation notice. If I fail to do so, I agree to pay the **full** appointment fee.

Signature _____ Date _____